

# A Quiz for Oregon Seniors: How Much Do You Know About the Food Stamp Program?

**True or False:** I can't get food stamps because I own a home and/or car.

**Answer: False!** You **may** be able to get food stamps regardless of the value of your resources like your home, car, or bank account. However, you will still have to meet the income guidelines.

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**True or False:** I get Social Security or retirement benefits, so I'm not eligible for food stamps.

**Answer: False!** As long as your Social Security or retirement benefits stay under the Food Stamp Program income limits, you can get food stamps.

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**True or False:** If I get food stamps, I might take them away from someone else who needs them more.

**Answer: False!** There are enough food stamps for **everyone who needs them**, so why not let the food stamp program help you make the most of your food dollars?

**Food Stamps:  
You'd be surprised who qualifies!**

# Am I eligible for food stamps?

You may be able to get food stamps if your income is less than:

<u>Household size</u>	<u>Monthly income</u>
1	\$1,324
2	\$1,790
3	\$2,255

Income guidelines are updated yearly. After April 1, 2002, check with your local food stamp office for current guidelines.

## How do I apply?

If you are disabled or at least 60 years old, special rules apply. You may:

- Apply at either your local Social Services or Aging and Disability Services office.
- Mail in your application now and go to the office for an interview later.
- Have another adult apply on your behalf.
- Ask for a home visit or a telephone interview.



Photo: Vicki Grayland

For more information, call

**1-800-SAFENET**

(1-800-723-3638)